

1988 Region 1AA Championship at Carleton College, Northfield, June 2 & 4, 1988

Teams: Apple Valley 135, Winona 79 ½, Albert Lea 57, Rochester John Marshall 46, Burnsville 43, Northfield 37, Rosemount 36, Faribault 25, Austin 17, New Prague 17, Owatonna 15, Rochester Mayo 10, Red Wing 8 ½, Lakeville 1.

100

- 1 Lawrence Means, JM 11.13
- 2 Jonathon Lundley, Northfld 11.31
- 3 Steve Bangh, AL 11.36
- 4 David Baiel, AV 11.46
- 5 Rich Demers, JM 11.50
- 6 Chad Bohonek, AL 11.51

200

- 1 Lawrence Means, JM 22.19
- 2 Pat Haugh, Rosemnt 22.75
- 3 David Baiel, AV 22.92
- 4 Chad Bohonek, AL 23.10
- 5 Lance Westby, Winona 23.30
- 6 Mark Busch, NP 23.44

400

- 1 Steve Bangh, AL 48.84
- 2 Don White, Burnsv 49.64
- 3 Mike Thomas, AV 49.73
- 4 Mark Wahlstrom, AV 50.71
- 5 Lance Westby, Winona 51.14
- 6 Hans Johnson, Winona 51.58

800

- 1 Sather Ekblad, Winona 1:57.72
- 2 Ken Kennedy, Burnsv 1:59.91
- 3 John Sheehan, Mayo 2:00.32
- 4 Brian St. Arnaud, Farib 2:01.10
- 5 Mike Hoag, JM 2:01.31
- 6 Brett Lewis, Austin 2:01.89

1600

- 1 Steve Briggs, Winona 4:18.33
- 2 Chris Thompson, Farib 4:22.59
- 3 Jamie Blomquist Burnsv 4:26.04
- 4 Dave Audiss, Northfld 4:29.39
- 5 Tim Soelter, AV 4:30.86
- 6 Jon Halvorson, Burnsv 4:31.49

3200

- 1 Steve Briggs, Winona 9:25.56
- 2 Chris Thompson, Farib 9:31.41
- 3 Jamie Blomquist Burnsv 9:38.30
- 4 Jon Halvorson, Burnsv 9:43.28
- 5 Dave Audiss, Northfld 9:44.61
- 6 Doug Fryer, Red Wing 9:45.64

High Hurdles

- 1 Keith Conn, AV 15.41
- 2 Tim Wegscheid, AV 15.55
- 3 Rich Valentine, RW 15.63
- 4 Dave Schlitz, Owat 15.75
- 5 Nathan Young, AV 15.82
- 6 Derek Greco, Northfld 15.83

Intermediate Hurdles

- 1 Eric Palmer, AL 40.35
- 2 Dave Chmielewski, Rosemnt 40.48
- 3 Keith Conn, AV 41.10
- 4 Nathan Young, AV 41.66
- 5 Dave Schlitz, Owat 42.69
- 6 Robb Larson, Owat 42.72

4x100 Relay

- 1 John Marshall 43.05 (Fursa, Demers, Nimt, Means)
- 2 Apple Valley 44.15
- 3 Rosemount 44.44
- 4 Albert Lea 44.83
- 5 Winona 45.13
- 6 Lakeville 45.35

4x400 Relay

- 1 Albert Lea 3:22.08 (Rowe, Molskness, Bangh, Palmer)
- 2 Apple Valley 3:24.28
- 3 Winona 3:24.47
- 4 Northfield 3:25.17
- 5 Burnsville 3:25.89
- 6 Faribault 3:29.16

Sprint Medley Relay

- 1 Rosemount 3:33.85 (Haugh, Moore, Doran, Hunter)
- 2 Northfield 3:35.33
- 3 Apple Valley 3:42.30
- 4 Owatonna 3:44.34
- 5 Mayo 3:44.42
- 6 Red Wing 3:44.66

Shot Put

- 1 Joel Staats, Winona 58-11
- 2 Eric Snyder, Austin 57-4 ¼
- 3 Harry Anderson, AV 54-11 ½
- 4 Jeff Olson, Owat 52-7
- 5 Kevin Schlitz, AL 50-4 ¼
- 6 Craig Slocum, AL 49-7 ¼

Discus Throw

- 1 Joel Staats, Winona 188-1 **
- 2 Eric Snyder, Austin 172-10
- 3 Kevin Schlitz, AL 159-9
- 4 Chuck Scripture, NP 155-1
- 5 Craig Slocum, AL 155-0
- 6 Harry Anderson, AV 153-2

Long Jump

- 1 Craig Rowe, AV 22-3 ¾ **
- 2 Porter Janovsky, NP 21-1
- 3 John Kelling, JM 20-10 ¾
- 4 Ian Curran, AV 20-9 ½
- 5 Chris Ellingson, Mayo 20-6
- 6 Dave Rowe, AL 20-1

Triple Jump

- 1 Steve Swan, Northfld 43-3 ¾
- 2 Jeff Gudmundson, Winona 42-9
- 3 John Kelling, JM 42-5 ½
- 4 Mark Busch, NP 41-10 ½
- 5 Craig Rowe, AV 41-9
- 6 Ian Curran, AV 41-0 ¼

High Jump

- 1 Casey O'Brien, AV 6-4
- 2 Pat Zenk, Burnsv 6-4
- 3 David Boone, Winona 6-2
- 4 John Blume, Farib 6-0
- 5 Keith Conn, AV 6-0
- 6 Craig Luehrs, Farib 6-0

Pole Vault

- 1 Jeff Doom, AV 12-6
- 2 Mark Revor, AV 12-3
- 3 Mark Gray, AV 12-0
- 4 Jordan Duerkson, Rosemnt 11-6
- 5 Torry Moore, Winona 11-6
- 6 Kurt Reinhart, Winona 11-0
- 6 Treg Warnsholz, Red Wing 11-0

* Ties Meet Record

** New Meet Record

Notes: Apple Valley was coached by Bud Bjornaraa.